

February 2012

Big Hollow School District 38

Middle School Lunch Menu



Make Choices for a Healthy lifestyle!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Lunch \$2.50 Milk \$.50</p>		<p>1 Buttermilk Pancakes Baked Ham Slice Bartlett Pears 100% Merry Cherry Juice</p>	<p>2 Beef Stroganoff over Noodles Baby Peas Fresh Orange Wedges</p>	<p>3 Hot Dogs Oven Fries Green Beans</p>
<p>6 Popcorn Chicken Sweet Potatoes Chilled Applesauce</p>	<p>7 Rotini with Meat Balls Garden Salad Steamed Broccoli Garlic Bread</p>	<p>8 French Toast Sticks *Sausage Patty Potato Rounds 100% Blue Raspberry Juice</p>	<p>9 Hamburger Boston Baked Beans Baby Peas</p>	<p>10 Nachos Supreme with Shredded Cheese Brown Rice Black Bean Salsa</p>
<p>13 Chicken Nuggets with Brown Rice Baby Peas 100% Merry Cherry Juice</p>	<p>14 Corn Dog Nuggets Potato Rounds Applesauce</p>	<p>15 Hot Dog Baby Carrots Fruited Gelatin Special Treat</p>	<p>16 1/2 Day No Lunch Served</p>	<p>17 Parent Teacher Conferences No School</p>
<p>20 Presidents Day No School</p>	<p>21 Chicken Nuggets Au Gratin Potatoes Fruited Gelatin Wheat Roll</p>	<p>22 Buttermilk Pancakes Baked Ham Slice Tropical Pineapple Potatoes rounds</p>	<p>23 Rotini with Meat Balls Garden Salad with Dressing Broccoli Garlic Bread</p>	<p>24 Pizza Dippers with Marinara Sauce Baby Carrots Orange Smiles</p>
<p>27 Buffalo Chicken Strips Sweet Corn Chilled Applesauce</p>	<p>28 Sloppy Joes Baked Beans Spicy & Sweet Carrots</p>	<p>29 Belgian Waffles *Sausage Links 100% Citrus Melon Juice Sweet Peaches</p>		

Offered Every Day

Pizza
Wraps
Salads
Chicken Sandwich
Burgers

Jumbo Pretzels
Served Every Friday

Questions about the menu?

Call 847-740-1490

Ext. 5024.
A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.

PLEASE NOTE

Menu changes may be necessary. Notice will be given when possible.
1% & fat free milk offered daily. *Contains pork

