

Project ACES

Last week Big Hollow students had an opportunity to participate in the 23rd Annual Project ACES (All Children Exercise Simultaneously). This is the 4th year Big Hollow has taken part in the event which tries to motivate kids everywhere to move and understand the importance of daily activity. Physical Education teacher Len Saunders created the event in 1989 as a way to get children to exercise in an educational, non-competitive, motivating and fun way. Today, millions of children from all 50 states and over 50 countries participate in Project ACES each May.

This year, Big Hollow P.E. teachers organized a 20-25 minute hike around the perimeter of the school property for Project ACES. The hike took students through the nature center and around other areas of the school campus they have never had the opportunity to see. The weather was great on the day of the event and everyone who participated had a great time. For more information on Project ACES, visit <http://www.lensaunders.com/aces/aces.html>.