

## Health Department Flu Update: 2/11/10

**The Lake County Health Department/Community Health Center will be sponsoring free walk-in H1N1 shot clinics at three Lake County churches:**

- Saturday, February 20, 10:30 a.m.-2:30 p.m., Shalem Seventh Day Adventist, 1105 Pine St. , Waukegan
- Sunday, February 28, 12:30 p.m.-1:30 p.m., St. Matthews MB Church, 500 S. Genesee, Waukegan
- Sunday, March 14, 9:00 a.m.-2:00 p.m., Shiloh Baptist Church , 800 S. Genesee, Waukegan

The Health Department is reminding the public that H1N1 flu is still a threat, even though cases of the illness have diminished. What's important to remember is that we still have a number of months of flu season ahead of us and we can't predict whether another wave of H1N1 will impact Lake County . It's smart to play it safe and get the shot.

The Health Department is urging African Americans to get their H1N1 flu vaccinations. Only 3 percent of those who received the H1N1 vaccine through Department clinics last October were African American. Some studies show that African Americans are at higher risk for hospitalization and death from influenza than the general population. Disparities in underlying medical conditions, such as asthma and diabetes, may contribute to the impact of H1N1 on African American communities.

**Appointments still can be made for the Lake County Health Department/Community Health Center H1N1 flu vaccination clinic in Gurnee.**

### **Gurnee Clinic – February Hours**

Advocate Condell Medical Building, 1425 Hunt Club Road, Suite 103

February Hours:

Friday: 4:30 p.m. to 8:30 p.m.

Saturday: 8 a.m. to 1 p.m.

To make an appointment for the Gurnee site (in English or Spanish), please call: (888) 523-5727, 24 hours per day, seven days per week. Please do not contact the site directly.

**H1N1 vaccinations are also available at the Health Department's immunization clinic, 2303 Dodge Avenue in Waukegan . The hours for this walk-in clinic are Monday through Friday, 9 to 11:30 a.m.**

In addition to the Health Department's clinics, vaccine is available at a number of pharmacies in Lake County . For more information, visit: [http://www.idph.state.il.us/h1n1\\_flu/sf\\_vaccine\\_locations.htm](http://www.idph.state.il.us/h1n1_flu/sf_vaccine_locations.htm) . Anyone six months of age and older is eligible to receive the vaccine at this time.

As future Health Department vaccination clinics and plans are available, information will be shared publicly and will be available through the Health Department's Flu Hotline, 847.377.8350 and web page, [www.lakecountyil.gov/health/h1n1.htm](http://www.lakecountyil.gov/health/h1n1.htm)

### ***What You Can Do***

In addition to getting your seasonal flu shot, help prevent the spread of flu in the workplace, schools and throughout the community by:

- Staying home if you are sick
- Covering your cough and sneeze

- Washing your hands frequently

**Access Reliable Information**

<http://www.lakecountyil.gov/Health/H1N1.htm>

<http://www.flu.gov/>

<http://ready.illinois.gov>

The Health Department's H1N1 hotline number is: 847-377-8350.