

BIG HOLLOW SCHOOL DISTRICT #38

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SPORTS TRY-OUT PROCEDURES

1. A student must have an up-to-date physical before the first practice for a sport. Parents should have a physical scheduled with the doctor's office before trying out.
 - a. Coaches usually start practice the day after try-outs, which does not provide enough time for parents to schedule a physical once a player makes a team. The player would miss valuable practice time.
 - b. A physical is good for one year from the date recorded on the physical form.
 - c. Big Hollow offers an opportunity for physicals each May for a reasonable charge.
2. Uniforms will be distributed once sports fee is paid
 - a. The coach will collect a sport activity fee of \$ 50 once try-outs are completed.
 - b. A refund only applies if a player quits prior to the first game. The player has approximately three weeks to practice and to become familiar with the grade eligibility rules prior to the first game except for volleyball and soccer which is in the beginning of the school year. After the first game, no refund applies for that sport.
 - c. Students are responsible for the care of their uniform. Damage to or failure to return the uniform will result in a fee for the replacement of that uniform and another uniform will not be issued until this matter has been resolved.
3. In-school suspensions, out-of-school suspensions, and detentions
 - a. Students may not try-out, practice, or attend games if they have an in-school suspension, out-of-school suspension, or detention.
 - b. Students serving a suspension or detention will be marked as unexcused.
4. We are a member of Lakes Region Athletic Conference and their rule state:
 - “A” team (8th Grade team) – May be any 6th, 7th or 8th grader
 - “B” team (7th Grade team) – May be only 6th or 7th grader
 - 6 Quarter Rule – A player may play as many as 6 quarters in the “A” and “B” game.Big Hollow refrains from using the 6-quarter rule, as the intent of this rule is to help the smaller schools in our conference. We also only open our sports to 6th graders when we do not have enough 7th and 8th graders to fill the roster.
5. If a coach determines that a team does not have a complete roster with the 7th and 8th graders after the first day of try-outs, then 6th graders will be allowed to try-out for the open positions.
 - a. Try-outs for the 7th and 8th graders will last for three days, (exception to three day try-out would be weather or school closing in which a coach may only have two days of try-outs).
 - b. 6th grade try-outs could be less than three days.
6. **Interscholastic sports teams are competitive sports, so equal playing time is not part of this type of program.**

Detach and return to coach in order to try-out

Parent Signature

Athletes Signature

