

<p>Herbs, spices, and condiments such as dry spices and powders, tomato pastes and sauces, vinegar, and soy sauce, jams, and jellies</p> <p>Beverages such as coffee, wine, beer, orange juice, apple cider, regular and herbal tea, rum, and sherry</p> <p>Nuts such as pine nuts, peanuts, pistachios, and almonds</p> <p>Some candies, such as peppermints, licorice, and mint-flavored gum and breath mints</p> <p>Ice cream, gelatin</p>	<p>Sunscreens or tanning lotions</p> <p>Muscle pain creams</p> <p>Alka Seltzer</p>	<p>Mint</p> <p>Salicylic acid</p> <p>Peppermint</p> <p>Phenylethyl salicylate</p> <p>Sodium salicylate</p> <p>Spearmint</p>
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See Pictures of Hives and Other Common Skin Problems

Further Reading:

- Picture of Urticaria
- Latex Allergies
- Common Allergy Triggers
- Learning About Latex Allergies
- Skin Testing for Allergies
- Allergy Symptoms Shouldn't Be Ignored
- Doctor's Exams for Allergies
- See All Hives Topics

WebMD Medical Reference
 SOURCE: The Food Allergy Initiative.

Reviewed by Jonathan L Gelfand, MD on February 05, 2009
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Allergies Guide

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