## **Nutrition Info**



Item Number Description

208579 144/.74OZ NVAL OATS N HNY

GRANOLA

UPC Code Manufacturer

000-16000-11582-0 GENERAL MILLS INC

UPC Manufacturer

General Mills.

Inc.

# Ingredients

WHOLE GRAIN ROLLED OATS, SUGAR, CANOLA OIL, CRISP RICE (RICE FLOUR, SUGAR, MALT, SALT), SOY PROTEIN, HONEY, BROWN SUGAR SYRUP, HIGH FRUCTOSE CORN SYRUP, SALT, SOY LECITHIN, BAKING SODA, NATURAL FLAVOR, ALMOND FLOUR, PEANUT FLOUR, PECAN FLOUR, HAZELNUT FLOUR, WALNUT FLOUR.

#### Allergy Info

(Manufacturers are asked to review for the following allergens: Egg, Gluten-free ingredients, Milk, Peanut, Shellfish, Soy, Tree Nut, and Wheat. If applicable, they will appear below.)

Peanut, Wheat, Soy, Tree Nut

### **Nutrition Facts**

Serving Size Servings Per Case	1ea(.74z,21g) 144.00
Amount Per Serving	% DV*
Calories 90.0	5%
Fat Calories 27.0	
Total Fat 3.0g	5%
Trans Fat 0.0g	0%
Sodium 80.0mg	3%
Total Carbohydrates 15.0g	5%
Dietary Fiber 1.0g	4%
Sugars 6.0g	0%
Protein 2.0g	4%
Iron 0.4mg * Percent Daily Values are based of	<b>2%</b> on a 2,000 calorie

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

#### Notes

Kosher symbol = OU Pareve. "PFS" informs you that we have a signed Product Formulation Statement from the Manufacturer stating the CN information.

### **School Equivalents**

Serving Size 1ea(.74z,21g)

Meat/Meat Alternatives

Fruit/Vegetables

Grain/Bread 1/2

Milk

Child Nutrition PFS

Click here to see all product information in a separate window.

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Information concerning nutritional values and product ingredients, including major food allergens, is obtained solely from the vendor or manufacturer of the specific product. eFoodUSA, Inc. and Fox River Foods, Inc. do not perform any independent evaluation, review, or screening of the vendor's or manufacturer's compliance with federal, state, or local labeling requirements, or other claims. eFoodUSA, Inc. and Fox River Foods, Inc. provide this information solely as a courtesy, and make no representation concerning it's accuracy. Always read the product label before use. eFoodUSA, Inc. and Fox River Foods, Inc. do not warrant or guarantee the information provided by the vendor or manufacturer and expressly disclaim any liability arising therefrom.