



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EARLY BIRD REGISTRATION OPENS FEBRUARY 14!

SAVE 10% ON FULL TIME CAMPS BEFORE MARCH 20!

NON PROFIT
US POSTAGE
PAID
INGLESIDE IL
PERMIT #135

MY GIRLS
♥♥ love camp. ♥♥

THEY WORK HARD IN
SCHOOL ALL YEAR

AND THE REWARD
is going to camp
for the summer.

- Karen, Burlington, WI.

DO MIGHTY THINGS



2021 Day Summer Camp

YMCA CAMP DUNCAN
www.ymcacampduncan.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SAVE 10%
WHEN YOU
REGISTER BY
MARCH 20!



At the YMCA, we're adapting to the challenges of a changing world to make summer magic happen for your kids.

Summer is a time for kids to stretch their imaginations, learn, and truly play. As families like yours try to maintain a sense of normalcy in a changing world, let the Y be your trusted partner in keeping your children happy, safe, and engaged this upcoming summer.

For roughly a century, the Y's summer camps have empowered Chicagoland's youth to do mighty things. No matter what the world looks like next year, we're here to continue giving your kids a healthy environment in which to learn and grow. Last summer, we adapted our offerings to comply with public health guidelines, and all our camps are led by our experienced team, who are passionate about youth development and your child's safety. Whatever the summer brings, we're ready for the adventure. Join us and give your kids a learning experience that'll shape their lives for years to come

COVID Cancellation Policy:

Although we are planning for a mighty summer of in-person and overnight camps, we understand the unpredictability of planning for your family during the COVID-19 pandemic.

In the event that it becomes necessary for us to cancel any 2021 Summer Camp sessions, your pre-purchased week(s) will be refunded to you.

YMCA CAMP DUNCAN

32405 N. US Highway 12, Ingleside, IL 60041 847.546.8086 www.ymcacampduncan.org

PROFESSIONALLY TRAINED STAFF

Our caring counselors are professional role models, thoroughly trained to create a healthy, safe environment for your kids to learn and grow.

ACA ACCREDITED

We maintain the highest standards regarding program safety and quality.

SWIMMING

Kids cool off in the pool and lake under the close watch of lifeguards.

HEALTHY KIDS FOCUS

Dedicated to building healthy, confident, connected, and secure children.

FINANCIAL ASSISTANCE AVAILABLE

We believe every child should have the opportunity to experience Y camp regardless of their financial ability.

EXTENDED CARE AVAILABLE

Before and after hours to accommodate working parents.

SPECIALTY PROGRAMS

Focus and develop specific interests of campers.

300 ACRES OF FUN

Close to where you live and work.

INCLUSION

The YMCA of Metropolitan Chicago invites persons with disabilities to enjoy Y programs and facilities. If you require a reasonable modification due to a disability to enjoy any of our programs, please answer the request question on the registration form. A member of our Inclusion Team will then contact you. Any questions that you may have can also be sent to inclusion@ymcachicago.org.



We are proud to be accredited by the American Camp Association

This is your assurance that our camps meet the highest standards for safety, staff training, and childhood development practices.



2021 DAY CAMP

Welcome to what will be an incredible summer experience for both you and your child! For 100 years, YMCA Camp Duncan has provided safe, quality camping programs for young people, and we will continue this strong tradition. Camp is a place for children to master critical coping skills. Camp fosters resilience, bolsters enthusiasm, and supports self-esteem. Camp provides a great opportunity for kids to test themselves outside the home and see what they are capable of.

ACTIVITIES OFFERED

All activities promote confidence, cooperation and best of all, are loads of fun!

- Swimming
- Sports and Games
- Arts experiences
- Climbing tower
- Archery
- Blobbing*
- Boating*

*According to camper's age and/or swimming ability.

Some activities are weather dependent.

INFORMATION MEETINGS

This is your opportunity to meet the Day Camp Director and learn more about Day Camp! Please join us for a brief presentation, a tour of camp and have all your questions answered. If you are unable to attend one of the meetings, please call to schedule a personal tour.

Sunday, March 7, 2021 virtual tour 1 p.m. or 3 p.m.

Sunday, April 25, 2021 1 p.m. or 2:30 p.m.

REGISTRATION DATES

Registration begins in February 14, 2021 and is ongoing throughout the summer. Campers must be registered by Wednesday of the week before they attend camp.



SUMMER CAMP REGISTRATION

A non-refundable deposit of \$25 per week per camper is due at the time of registration. The deposit will go toward the total payment of the camp week.

- Balance of camp fees are due by Wednesday, the week prior to your child attending camp.
- Camp Duncan will charge a \$10 fee for each change made to registrations that have already been received and processed.
- Refunds for day camp and specialty camps are only made if your child is ill and has a doctor's note to accompany the request.
- Your camper's parent packet paperwork must be submitted by the Wednesday before your child's first day of camp.

2021 DATES

Camp is offered in one-week sessions and runs 8:30 a.m.-4 p.m. daily. Extended care is available from 6:30 a.m. to 6 p.m. at no additional cost!

DATES	SESSION
June 14-18	1
June 21-25	2
June 28 - July 2	3
July 6-9* (No camp 7/5)	4
July 12-16	5
July 19-23	6
July 26-30	7
August 2-6	8
August 9-13	9
August 16-20	10

2021 RATES

Full Time (4 or 5 days)

REG DEADLINE	FEE
Early Bird Savings March 20, 2021	\$225
After March 20, 2021	\$250
Thursday or later of week before start date	\$285

Kids Day Out Pre-Camp:

June 7-11

Kids Day Out Post-Camp:

August 23-27

Pre-Camp and Post-Camp: \$53/day

Bus Service: \$30/week for morning pick-up;
\$30/week for afternoon drop-off.

ROUTE 1	PICK-UP	DROP OFF
Libertyville	7:15AM	5PM
Mundelein	7:30AM	4:45PM
Grayslake	7:50AM	4:30PM

Visit www.ymcacampduncan.org to register your camper(s) online. Hard copies of the registration form are available upon request.

Early Bird pricing does not apply to Specialty Programs, Kids Day Out Pre-Camp, Kids Day Out Post-Camp, or bussing.

SUMMER DAY CAMP



QUALITY PROGRAMS

Camp Duncan has over 100 years of experience providing fun, safe programs that teach leadership, team building, and sportsmanship. Each week your child is encouraged to learn new skills and try new activities. The possibilities of fun and adventure are endless with 300 acres of wooded areas, hiking trails, playing fields and a semi-private lake. Weekly activities include swimming, boating, archery, climbing tower, arts experiences, group games, and much more. Through programs and modeling, children come to a better understanding of the core values of the YMCA: Caring, Honesty, Respect, and Responsibility.

WELL-TRAINED STAFF

At Camp Duncan, your child's welfare is the number-one priority. The staff are trained to understand the varying needs of children. In order to provide safe, quality experiences for children, the screening, training, and supervising of the staff is imperative. The team of directors works closely with applicants to ensure that camp has quality individuals who demonstrate a mature attitude, sound judgment, and an ability to relate well to children. Upon joining our team, staff members receive comprehensive, on-site training which includes certifications in first aid, CPR and basic water safety. We recognize that Camp Duncan's staff make a difference in your child's camp experience.

HIGH STANDARDS

The safety of each camper is our primary concern. Camp Duncan meets the 176 standards of excellence of the American Camp Association, County Health Department and licensing of the State of Illinois. Camp Duncan's accreditation helps ensure a quality and safe camping experience.

A TYPICAL DAY

- 6:30-8:15 a.m. Drop Off
- 8:15-8:30 a.m. Announcements/Songs
- 8:30-9:25 a.m. Swimming
- 9:30-10:25 a.m. Activity #1
- 10:25-10:35 a.m. Morning Snack
- 10:40-11:25 a.m. Activity #2
- 11:30 a.m.-12:25 p.m. Activity #3
- 12:30-1 p.m. Sack Lunch
- 1-1:30 p.m. Free Reading
- 1:30-2:30 p.m. Choice Period #1
- 2:45-3:45 p.m. Choice Period #2
- 3:45-4 p.m. Snack (camp-provided)
- 4-6 p.m. Pick-Up

WHAT TO BRING

- Swimsuit and towel
- Sack lunch
- Labeled water bottle
- Bug spray
- Sunscreen
- Face mask



SUMMER DAY CAMP

AGE GROUPS ACA STAFF RATIOS

AGE CAMPER-TO-STAFF RATIO

4-5	6:1
6-8	8:1
9-15	10:1

EXPLORERS (ENTERING PRE-K-1ST)

Explorers begin to experience the magic of camp as they enjoy activities such as story time, beach play, swimming, arts experiences, and more designed to meet the unique social, emotional, intellectual, and physical needs of a younger camper. All children must be toilet-trained and are required to bring a full change of clothes to camp each day.

SAVE 10% WHEN YOU REGISTER BY MARCH 20



VOYAGERS (ENTERING GRADES 2ND-3RD)

The tradition continues! Voyagers are off to discover new areas of camp as they have the opportunity to try out the climbing tower. Art experiences, sports, games, swim lessons, and recreational swimming are just part of the continuing tradition. Campers are challenged to learn new skills and try new activities.

TRAILBLAZERS (ENTERING GRADES 4TH-5TH)

Onward! Adventure, boating and challenge course experiences enhance the Trailblazers program. Swim lessons, recreational swimming, sports, games, arts and crafts, songs, and more fill each day. Campers develop their individuality while learning new skills as they choose special interest activities.

NAVIGATORS (ENTERING GRADES 6TH-8TH)

Lead the way! Navigators lead camp by example as they continue to practice and model the YMCA core values of caring, honesty, respect, and responsibility. Throughout the program, campers participate in a wide variety of camp activities including challenge courses, team sports, boating, team building, and swimming.

SAVE 10% WHEN YOU REGISTER BY MARCH 20

ADDITIONAL PROGRAM INFORMATION

There will be a theme each week of Day Camp. Campers are encouraged to dress up, and some of the daily activities will be focused on the theme. Theme Days are listed in the Parent Handbook as well as announced in the weekly newsletter sent out each Monday.



SPECIALTY PROGRAMS

LEGOMANIA

Dates: June 14-18

Grades: 2nd-5th

Time: 1:15-3:30 p.m.

Rate: \$60 w/ Day Camp Registration
\$80 Specialty Camp Only

Is your camper a Lego maniac? Join us for the ultimate Lego camp and learn Lego building from some of the best!

MORNING SWIM PRACTICE

Dates: June 14-18, June 28-July 2, July 6-9* (No camp 7/5), July 12-16, July 19-23, July 26-30, Aug 2-6, Aug 9-13 .

Beginner swimmers

Time: 7:15-8:15 a.m.

Rate: \$50 w/ Day Camp Registration
\$70 Specialty Camp Only

Have fun learning the swimming basics or fine-tune your swimming skills. Fee is per session. Campers may register for multiple sessions.

Early Bird pricing does not apply to Specialty Programs.



THEATER PROGRAM

Dates: June 21-25

Grades: 2nd-8th

Time: 1:15-3:30 p.m.

Rate: \$50 w/ Day Camp Registration
\$70 Specialty Camp Only

Young actors will learn the basics of acting while developing their skills and confidence. They will play acting games, learn lines, do improv, and more!

ARCHERY

Dates: June 21-25

Grades: 4th-8th

Time: 1:15-3:30 p.m.

Rate: \$50 w/ Day Camp Registration
\$70 Specialty Camp Only

Learn proper shooting technique, safety, and equipment use. Taught by a certified archery instructor.

SUPER SCIENCE

Dates: June 28 - July 2

Grades: 2nd-8th

Time: 1:15-3:30 p.m.

Rate: \$60 w/ Day Camp Registration
\$80 Specialty Camp Only

Don't miss out on this hands-on week for experiments, space, and more!

Early Bird pricing does not apply to Specialty Programs.



SPECIALTY PROGRAMS

BASKETBALL STARS

Dates: July 6-9 (No camp July 5)

Grades: 2nd-8th

Time: 1:15-3:30 p.m.

Rate: \$40 w/ Day Camp Registration
\$60 Specialty Camp Only

For kids who want to take their basketball game to the next level. Join us to focus on the basic fundamentals.

SURVIVOR

Dates: July 12-16

Grades: 2nd-8th

Time: 1:15-3:30 p.m.

Rate: \$50 w/ Day Camp Registration
\$70 Specialty Camp Only

Does your child love adventure and the outdoors? Learn the wilderness survival skills that every outdoors-person should have and participate in some adventurous activities.

Early Bird pricing does not apply to Specialty Programs.



FLAG RUGBY

Dates: July 19-23

Grades: 4th-8th

Time: 1:15-3:30 p.m.

Rate: \$50 w/ Day Camp Registration
\$70 Specialty Camp Only

For any campers looking for an opportunity to jump into the world of rugby and learn the fundamentals of the sport.

SOCCER STARS

Dates: July 26-30

Grades: 2nd-8th

Time: 1:15-3:30 p.m.

Rate: \$50 w/ Day Camp Registration
\$70 Specialty Camp Only

This camp is for soccer stars who want to improve their soccer skills of passing and shooting while focusing on teamwork and sportsmanship.

DESTINATION IMAGINATION

Dates: August 2-6

Grades: 2nd-8th

Time: 1:15-3:30 p.m.

Rate: \$50 w/ Day Camp Registration
\$70 Specialty Camp Only

Destination Imagination is a hands-on program where youth have the opportunity to explore STEAM-based activities through learning challenges. Both educational and fun, campers will get to work on a team to solve open-ended challenges and present solutions. Teams are tested to think on their feet, work together, devise original solutions that satisfy the requirements of their selected challenge, and present their ideas to the larger group. Participants gain more than just basic knowledge and skills—they learn to unleash their imaginations and take unique approaches to problem solving.

Early Bird pricing does not apply to Specialty Programs.

CHEER AND DANCE PROGRAM

Dates: August 9-13

Grades: 2nd-8th

Time: 1:15-3:30 p.m.

Rate: \$50 w/ Day Camp Registration
\$70 Specialty Camp Only

Does your camper like to cheer and dance? Learn some basic cheer, dance, and tumbling moves to put together for a full routine!



ABOUT YMCA CAMPS

YMCA Summer 2021

ACA ACCREDITED

Our camps are accredited by the American Camping Association (ACA). This is your assurance that our summer camps are committed to the highest standards established for the camping industry. Accredited camps have their operations scrutinized and reviewed by camping professionals who know and value quality camping.

PROFESSIONALLY TRAINED STAFF

Our counselors receive over 40 hours in training prior to the start of camp. Training includes CPR, first aid, child abuse prevention, emergency procedures, water safety, and updated COVID-19 protocols. Additionally, our camp curriculum includes songs and games that incorporate values and education. We follow the ACA guidelines for counselors to camper ratios: 1:6 (3 to 5 years of age), 1:8 (6 to 8 years of age) and 1:10 (9 to 15 years of age).

HEALTHY KIDS FOCUS

The YMCA is dedicated to helping you raise a healthy, active child. Each week, we include at least one structured health class activity in our schedule—at no additional cost to you. Children also attend a health-related activity once a week, in addition to the daily integration of healthy activities, games, and education.



INCLUSION AND DIVERSITY STATEMENT

The YMCA of Metropolitan Chicago believes that everyone, regardless of ability, race, gender, income, faith, or sexual orientation, has the right to live life to the fullest and enjoy the Y's programs and facilities. Moreover, the principles of diversity, equity, and inclusion inform every aspect of our Association—including staff hiring and training, strategic planning, program offerings, and more. We are committed to deepening our work in this area to ensure that every segment of society feels welcome and supported by the Y. If you require a modification due to a disability to participate in any of our programs, please inform center staff at the time of enrollment, and make sure to select the request on your enrollment paperwork so that a member of our Inclusion team can reach out to you. Questions? Email inclusion@ymcachicago.org.

SAFETY IS OUR HIGHEST PRIORITY

Your child's safety is the number one priority at our camps! Each camp counselor/lead staff attends extensive training where they obtain certification in first aid and CPR. In addition, they learn the Y's emergency procedures, child abuse prevention, customer service, and the preparation and implementation of age-appropriate activities for each specific camp. The counselors are terrific!!

DROP/PICKUP PROCEDURES

For your convenience, we offer "valet" dropoff and pick-up so that parents do not have to leave their vehicle. This will be conducted at the circular drive located in front of the large pavilion during the hours of 6:30-9 a.m. for drop-off and 4-6 p.m. for pick-up. Designated and specially trained camp staff will meet you at your car window to sign your child in and out, and will also help your child(ren) in and out of the car.

A photo ID is required at pick-up every day. Anyone picking up your child must be listed on the "Authorized Pick-Up" section of the registration form. This procedure will be strictly enforced, as this is for your child's protection. Our staff will be equipped with an electronic tablet containing all authorized pick-up information to make checking your ID a streamlined process.

SCHEDULE

Camp activities run from 8.30 a.m. to 4 p.m., but extended care is available for no additional fee. It starts as early as 6:30 a.m. and ends as late as 6 p.m. During extended care campers will be well-supervised and engaged in a variety of activities!

Registration Opens

FEBRUARY 14, 2021

EARLY BIRD REGISTRATION UNTIL MARCH 20

Participant packets

Summer camp registration confirmation and information packets will be sent to you via email. Please be sure to provide a valid email address on your camp registration. You will receive a series of emails that will include the following:

- A registration confirmation that includes dates registered and paperwork needed for your child to start camp
- Payment reminders
- Camp handbook
- Weekly camp newsletters

www.ymcacampduncan.org

REGISTRATION INFORMATION

Payment, cancellation, refund and credits

ALL FEES INCLUDE:

- YMCA summer camp T-shirt
- All outdoor recreational time
- Optional extended hours are included
- Fun and friendships for a lifetime!

REGISTRATION AND PAYMENT

Visit www.ymcacampduncan.org to register your camper(s) online. Hard copies of the registration form are available upon request.

All campers must be registered and paid in full by the Wednesday prior to attending their week of camp. A non-refundable deposit is required for each week of camp. A \$15 late fee may be added for payments made after the Wednesday before the week of camp.

All paperwork is due the Wednesday before your child attends. Your child will not be permitted into camp without receipt of these documents. These documents will be provided to you when you register your child(ren). Please visit www.ymcacampduncan.org to register.

INSURANCE

The YMCA of Metropolitan Chicago does not cover program participants for medical, accident or loss of personal property. Please review your insurance policies that protect you and your family to be certain that proper coverage is in place.

FINANCIAL ASSISTANCE

It is the goal of the YMCA to provide programs to families regardless of their ability to pay. The YMCA works with several resources to help meet the needs of all families who want to attend summer camp.

- Applications are available by calling the camp office at 847.546.8086. Application can be emailed or mailed
- Once all monies are allocated families will be notified
- A deposit is required to hold your child's spot even if you are awarded a full or partial scholarship
- If you do not qualify you will receive a notification
- Funds are limited and are available on a first come first serve basis

COVID Cancellation Policy:

Although we are planning for a mighty summer of in-person and overnight camps, we understand the unpredictability of planning for your family during the COVID-19 pandemic.

In the event that it becomes necessary for us to cancel any 2021 Summer Camp sessions, your pre-purchased week(s) will be refunded to you.

OTHER CAMPS AT CAMP DUNCAN

YMCA Summer 2021

Are you looking for an overnight camp experience for your child or your family this summer? The YMCA of Metro Chicago has four overnight camps and one family camp that are as beautiful as they are life changing.

YMCA CAMP DUNCAN OVERNIGHT CAMP

Since 1921, YMCA Camp Duncan traditions get new meaning each summer in safe, quality camping programs for youth ages 7 to 15 and Teen Adventure Camps for ages 15 to 17. We gear all activities to the developmental level of the campers. YMCA Camp Duncan is a co-ed, summer overnight camp located near Fox Lake, Illinois, on 300 acres.

YMCA CAMP INDEPENDENCE @ YMCA CAMP DUNCAN

We are named for the character building that starts the minute campers arrive. YMCA Camp Independence is a special place for campers age seven and up with spina bifida. Here, kids become a community as they learn both how to be more independent and how to contribute to a group. We teach self-reliance, a love for nature, and the development of attitudes and practices that build character. Our counselors are dedicated to making sure camp is an amazing experience for every camper.



GROUP SERVICE/OUTDOOR EDUCATION

Come join the fun at YMCA Camp Duncan with a group rental. Camp Duncan offers a wide variety of fun and educational programs for people of all ages through hands-on experiences with nature and enriching activities in the outdoors. Camp offers day events, overnight events, weekend events, school field trips, and more!

This is a great opportunity to help your group get to know each other and learn to work together through teambuilding activities. We offer Outdoor Education classes such as orienteering, Duncan Detectives, water ecology, wilderness survival, woodland ways, and much more. We also offer recreational activities such as GaGa ball, archery, and the climbing tower. Our classes focus on giving participants a hands on experience in an outdoor setting. Find out more about booking a trip at Camp Duncan by contacting Danielle Carey, Director of Group Services at dcarey@ymcachicago.org or (847) 410-5252.

Learn more at:

www.ymcacampduncan.org