

Big Hollow School District 38

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																																																																						
		May - 1 CEREAL PACK MILK,1% Lowfat	May - 2 MINI DONUTS PEACHES MILK,1% Lowfat	May - 3 CINN TST PUFF FRESH APPLES FRUITABLES MILK,1% Lowfat																																																																																																																																																						
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Big Hollow School District 38

Monday	Tuesday	Wednesday	Thursday	Friday
May - 20 BRFAST SANDWICH YOGURT PLUMS MILK,1% Lowfat	May - 21 BANANA BREAD STRING CHEESE MANGOS MILK,1% Lowfat	May - 22 CEREAL PACK MILK,1% Lowfat	May - 23 MINI PANCAKES FRUIT SALAD MILK,1% Lowfat	May - 24 BRKFAST BAR PACK MILK,1% Lowfat
Nutrients Target Cals... 415 100% Chol... 30 mg Sodium. 642 mg Fiber.. 3.6 g Iron... 1.7 mg Calcium 661.8 mg Vit A 969 IU Vit C 10.8 mg Sugar 30.9*g 29.8%Cal Prot 22.0g 21.2%Cal Carb 64.1g 61.9%Cal T.Fat 8.7g 18.8%Cal S.Fat 3.6g 7.7%Cal	Nutrients Target Cals... 533 107% Chol... 27 mg Sodium. 536 mg Fiber.. 3.8 g Iron... 1.4 mg Calcium 602.2 mg Vit A 1950 IU Vit C 41.3 mg Sugar 53.2*g 39.9%Cal Prot 21.4g 16.1%Cal Carb 74.3g 55.7%Cal T.Fat 18.7g 31.5%Cal S.Fat 7.0g 11.8%Cal	Nutrients Target Cals... 212 61% Chol... 12 mg Sodium. 307 mg Fiber.. 1.0 g Iron... 3.7 mg Calcium 385.0 mg Vit A 878 IU Vit C 4.8 mg Sugar 21.7*g 40.8%Cal Prot 9.2g 17.4%Cal Carb 34.2g 64.3%Cal T.Fat 5.4g 22.7%Cal S.Fat 2.0g 8.7%Cal	Nutrients Target Cals... 406 100% Chol... 12 mg Sodium. 265 mg Fiber.. 4.3 g Iron... 1.2 mg Calcium 353.8 mg Vit A 1019 IU Vit C 3.2 mg Sugar 26.7*g 26.3%Cal Prot 12.7g 12.5%Cal Carb 72.3g 71.3%Cal T.Fat 9.5g 21.0%Cal S.Fat 2.1g 4.6%Cal	Nutrients Target Cals... 242 69% Chol... 12 mg Sodium. 207 mg Fiber.. 4.0 g Iron... 1.9 mg Calcium 305.0 mg Vit A 978 IU Vit C 0.0 mg Sugar 21.7*g 35.8%Cal Prot 11.2g 18.5%Cal Carb 36.2g 59.7%Cal T.Fat 5.9g 21.8%Cal S.Fat 2.5g 9.4%Cal
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